

lunch menu oct.

Reservations are not necessary in Gilbert but may be made by calling 480-503-6061.

Reservations for the Chandler Center must be made before 2 p.m. the previous day. Please call: 480-782-2721

The suggested donation for guests over 60 years old is \$2.50

The cost of meals for guests under 60 is \$4.00.

Milk is provided with each meal. Menus are **SUBJECT TO CHANGE**

The Gilbert Senior Center and Community Services of Arizona would like to thank the United Way and Area Agency on Aging for their continued donations to our Meal Program.

MON 3 Stuffed Peppers Capri Veggies Corn, OR Pea Soup & Salad Bar Peaches & Yogurt	TUE 4 Baked Potato Bar Carrot Raisin Salad Pea Salad Veg. Soup Apricot Fluff	WED 5 Baked Ham Sweet Potato Gr. Beans OR Broc. Soup & Salad Bar Apple Cobbler	THUR 6 BBQ Chicken Mixed Veggies Cole Slaw OR Tortilla Soup & Salad Tropical Fruit	FRI 7 Tuna Casserole Broccoli Carrots, OR Mshrm Soup & Salad Bar Apple
MON 10 Polish Sausage Baked Potato Baked Spinach OR Veg. Soup & Salad Fruit Cocktail	TUE 11 Hawaiian Haystack Capri Veggies Asparagus Soup Pineapple, Mandarin Oranges	WED 12 Crab Cake Stewed Tomatoes Peas & Carrots OR Chkn Soup & Salad Berries & Cream	THUR 13 Baked Ziti Ital. Veggies Garden Salad OR Onion Soup & Salad Apricot Pudding	FRI 14 Lemon Chicken Roasted Potatoes Veggie Blend OR Chowder & Salad Pears
MON 17 Ribbettes Veggie Almondine Brussel Sprouts OR Celery Soup & Salad Apple	TUE 18 Turkey Sandwich Mashed Potatoes Carrots OR Tomato Soup & Salad Bar Fruited Jello	WED 19 Beef Stew w/ Carrots, Potatoes, & Onions Cole Slaw OR Tortilla Soup & Salad Pineapple Fluff	THUR 20 Chkn. Penne Cauliflower Gr. Beans OR Pea Soup & Salad Bar Peach Cobbler	FRI 21 Stuffed Sole Tomatoes & Rice Spinach Salad OR Chkn. Soup & Salad Orange
MON 24 Pizza Burger Roasted Potatoes Gr. Beans OR Tomato Soup & Salad, Apricot Fluff	TUE 25 Baked Chicken Mashed Potatoes Broccoli & Cheese OR Soup & Salad Apple Cobbler	WED 26 Stuffed Shells Itl. Veggies Romaine Salad OR Bean Soup & Salad Mandarin Oranges	THUR 27 Chick. Teriyaki Oriental Veggies Carrots, OR Pot Pie Soup & Salad Bar Strwbry. Applesauce	FRI 28 Sloppy Joes Baby Baker Potatoes Mixed Veggies OR Chowder & Salad B'Day Cake
MON 31 Chili Dog Cauliflower Brsl. Sprouts OR Pot. Soup & Salad Tropical Fruit	 			